





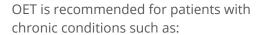
OET5 is a device for all age groups to improve the regular functionality of all vital body functions, such as breathing, heart activity, blood pressure, metabolism and hormone balance.



# OXYGEN ENERGY THERAPY MORE ENERGY TO GET THE MOST OUT OF LIFE

Oxygen-Energy-Therapy (OET) is an innovative inhalation therapy that naturally increases oxygen utilization in the cells without the need to supply additional oxygen.

Also known as Spirovital Therapy, the inhalation of "activated air" leads to an improvement in the energy balance, increasing vitality and with it the overall quality of life.



- ≫ COPD
- > EMPHYSEMA
- » ASTHMA
- » MACULAR DEGENERATION
- **»** DIABETES

As well as M.E. sleep apnoea, rheumatism, fibromyalgia, burnout syndrome, ADHD, and more.





## EXAMPLES OF POSITIVE REACTIONS FOLLOWING OXYGEN ENERGY THERAPY:

- Improved breathing with less effort (asthma, COPD)
- Improved blood pressure (hypertension, hypotension)
- Better circulation (circulatory problems, arteriosclerosis)
- Improvement in ability to fall asleep and stay asleep (sleep disorders, sleep apnoea)
- Improvement in sugar levels (diabetes mellitus type I and II)
- Improved vision (macular degeneration, poor sight)
- Improved concentration (attention deficit disorder)
- Faster regeneration and recovery from stress (physical and emotional stress)
- More physical and mental energy (burnout syndrome, fibromyalgia, ME, CFS)
- More mobility where movement restricted (multiple sclerosis, Parkinson's)

xygen Energy Therapy (OET) has been proven to improve the function of the body's Autonomic Nervous System (ANS).

The ANS cannot be voluntarily controlled. It regulates all the body's vital functions, such as breathing, heart rate, blood pressure, energy production, digestion and metabolism. The ANS is made up of the sympathetic ("tense nerves") and the parasympathetic ("relaxed nerves") nervous systems.

Both these systems work contrary to one another. Example: if a person is confronted with a dangerous situation, thus triggering the instinct to run, the sympathetic system ("tense nerves") becomes much more active than the parasympathetic system ("relaxed nerves").

## FUNCTIONS OF THE AUTONOMIC NERVOUS SYSTEM (ANS)

- The autonomic nervous system is the primary control mechanism and regulation within the human body
- The body's ability to control vital functions is affected by all chronic illnesses, stress and increasing age
- OET has been proven to improve this regulation system

"Health means constant balance between tension and relaxation or stress and relaxation"



hen the body is under stress it can perform at a much higher level. Once this stressful situation has passed the parasympathetic system (relaxed nerves) will be more active than the sympathetic system (tense nerves). Functions such as recovery, regeneration and repair take precedence. The regulation of these two systems shows the basic functioning of the Autonomic Nervous System. The constant change of tension and relaxation is the natural way of our body. Achieve maximum performance and then regeneration. However, if there are for example, 16 hours of daily stress and only 8 hours of rest/sleep, it will cause problems eventually resulting in symptoms and illnesses.

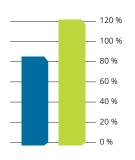
THE REGULATION BETWEEN
THE SYMPATHETIC AND
PARASYMPATHETIC SYSTEM
IS IMPROVED THROUGH
THE APPLICATION OF OET.



## **OET IMPROVES THE HRT**

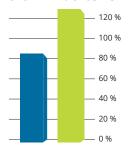
Source: Explore! Magazine, For the professionals, Vol. 16, No. 2, 2007

Increase in overall energy (TP) by more than 16% after OET

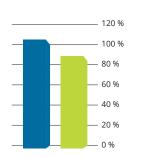


Before treatment

Increase in parasympathetic activities (RMSSD) by more than 27% after OET



Stress reduction (SI) by more than 21% after OET



After 20 min. OFT treatment

37 people, (21 women and 16 men)

Age: 23-83 years old,

Average age: 52 years old

Conditions: chronic cardiac conditions,
Diabetes Mellitus Type I and II, COPD,
Crohn's Disease, Rheumatism, Asthma
One therapy session of 20 min. with
OET, without suspending drugs therapy, measuring all recognised HRV
parameters, in particular overall energy
(TP), Stress Index (SI) and parasympathetic activities (RMSSD) each time 5
min. before and 5 min. after OET.

he use of OET improves the Heart Rate Variability (HRT) and therefore also the Autonomic Nervous System's ability to keep vital functions under control. Heart Rate Variability is a scientifically recognised method for assessing the effects of stress on your body.

It is measured as the time gap between your heart beats that varies as you breathe in and out.

A decreased HRT is linked to illness and / or stress while research links high HRT to good health and a high level of fitness.

All general health problems such as heart conditions, metabolic disorders, depression, nerve damage or cancer will reduce the HRT.

Studies on the Heart Rate
Variability (HRT) show that
after using OET there is a
significant improvement
in the functioning of the
Autonomic Nervous System.
Stress is reduced and the
regeneration and healing
processes are also improved.

## OET 3 OR OET 5 – WHICH DEVICE IS RECOMMENDED FOR WHICH APPLICATION?

The two device types, OET3 and OET5, differ in the number of activation units (catalysts) they have and therefore also in their effectiveness. The OET3 device has three activation chambers (catalysts), while the OET5 has five.

The more activation chambers a device has, the more powerful its performance.

#### **Recommendation:**

The OET3 device is perfect for healthy persons who are seeking to prevent disorders from occurring in the first place.

For chronic disorders such as pulmonary disease (COPD, pulmonary emphysema, asthma), macular degeneration (AMD), cardiovascular disease, diabetes mellitus and/or for elderly patients, we strongly recommend the OET5.

This device quickly supplies the energy that is urgently needed to improve regulation and regeneration and hence increase vitality and quality of life.

### **USE & RECOMMENDATION**

#### Risks and side effects

There are no risks or side effects involved in using OET therapy. The therapy can be applied in conjunction with traditional medicine and/or natural and alternative remedies.

#### Recommended use

Length of application: 20 -30 minutes For chronic conditions, physical and mental stress: Frequency of use: daily up to 3 times

#### **OET technology**

Respiratory air is pulled into the OET device through

an air inlet (air-filter). In the bottle filled with filtered or bottled water, the air is moistened. The OET device has 3 or 5 activation chambers containing unique technology. This technology replicates the process that takes place in the body to produce vital energy.

#### Process in the body

Air breathed in and oxygen in its inactive state cannot be utilised by the body. Therefore it is activated in the body and hence made usable for building energy. The transformation of oxygen from inactive to active is essential to releases vital energy.

This natural process of transformation is replicated by the OET device. The water molecules enriched with energy are inhaled through the nasal cannula.

### **TESTIMONIALS**

#### **COPD Sufferer**

"As a long-time sufferer I had an increasingly restricted lifestyle. Regular infections were the norm, causing extreme shortness of breath. On these occasions it was an immense effort to walk from the dining room to the kitchen, let alone going upstairs. Walking along my local high street became an impossible task and these periods were becoming increasingly frequent. Out of pure desperation I decided to buy an OET machine, although I was very sceptical about the science supporting the system and its ability to make a difference. For the first 2-3 months my doubts seemed to be confirmed... On the point of giving up in despair, I nevertheless decided to persevere for a little longer. I then became gradually aware that the infections were occurring less frequently and I was capable of more activity without becoming crippled with breathlessness. In time the infections became an increasingly rare experience and I am now delighted to report that I have been infection-free for well over two years. It is difficult not to exaggerate the improvement to my lifestyle. My peak flow readings, although still not brilliant, have improved and my blood pressure has reduced to near normal levels. I am now capable of going for walks of approximately one mile on most days (albeit fairly slowly and with occasional stops for breath). I am able to enjoy a reasonably normal life of meeting friends for lunch and visits to the theatre and other places of interest, enjoyments previously denied to me because of my restrictive condition.

Many thanks for a new lease of life."

#### **Macular Degeneration Sufferer**

"The Consultant Eye Specialist diagnosed Dry Age related Macular Degeneration in my left eye. His recommendation was that I take Lutein and Astaxanthin capsules. I was happy to take these natural products. I began using this machine for one hour every night whilst watching television which meant that I did not have to set aside any special time. I returned for a second appointment 6 months later with the Eye Consultant after having had a second (OCT) a couple of weeks earlier. He could detect no further advance of the condition and arranged for me to see him again in another 6 months' time. I was pleased that my condition had not advanced and continued to use the machine every evening.

When I attended for my second OCT the nurse was not sure where she should take the photo. She decided to take it at the same angle as last time. When I subsequently walked into the Consultants room he looked at me, put his hands behind his head and leaned back saying "I have never in all my years as a Consultant, see such an improvement in this condition"!! He said my Retina was virtually clear of any deterioration. It had in fact greatly improved. He was impressed and asked if I had had any treatment. I told him about OET and my belief that that was the reason my eye had improved so much. I had also been taking Lutein and Astaxanthin which he had initially recommended but no other patient of his had made such a recovery as I had while just taking those supplements. My only conclusion is that the Oxygen released and into my brain and eyes during my evening sessions with OET was in fact the reason for the improvement. I recommend OET to anyone who has any sign of this condition."

### **SPECIFICATIONS**

Functions of the device:

- Use bottled or filtered water to fill the glass bottle Choice of colour for the device:

- special effect lacquered pearl white or silver

**Characteristics (standard):** 

- Large LCD display
- Illuminated keypad and easy to understand menu
- Option to program 2 individual settings
- Choice of coloured lights in the glass bottle
- Whisper or normal pump
- Beep to signal end of the session

Extras (not included in standard price):

- ChipCard system (programmable time credit)



#### Included with the OET device

- 1 Sparkling element incl. adapter for glass bottle
- 2 Glassbottle
- 3 10 x nasal cannula
- 5 1 x aroma oil for COPD (optional OET3)
- 5 1 x aroma bottle (optional OET3)
- 6 Power supply 110 240 Volt, output 15VDC
- Cord for EU
- 8 2 x air filter

#### Included items not shown

User's manual in English
2 x AdminCard,
optional with ChipCard System OET5
10 x customer card,
optional with ChipCard System OET5







Technical Data Voltage: 15 V DC Switch: 100-240 V AC

**Electricity** co**nsumption:** I max = 1600 mA

Standby = 10 mA

Protection Grade: Class B

Weight: OET3 (3 activation units) 3.9 kg OET5 (5 activation units) 4.5 kg

Dimensions: Width = 28 cm

Length = 31 cm

Height = 13 or 31 cm

(including bubbling unit)

A project by a S S

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